

**Deerfield Community Nursery School**  
**Approved Snack List**  
**2011-2012 School Year**

- 100% Apple Juice (served daily unless fruit is served)
- Rice Chex
- Corn Chex
- Kix
- Berry Kix
- Trix
- Lucky Charms
- Crispix
- Plain Cheerios
- Teddy Grahams
- Trail mix (a mixture of "safe cereals" and mini marshmallows or one from [Enjoy Life](#))
- Granola (peanut/tree nut free variety like [Enjoy Life](#))
- Snack bars (like [Enjoy Life Cocoa Loca Snack Bars](#))
- Fresh fruit
- Canned fruit/fruit cups
- Applesauce cups
- Fresh vegetables (for 3 & 4 Year Old Classes ONLY)
- Old Dutch Puffcorn
- Robert's American Gourmet: Pirate's Booty, Veggie Booty, Tings, Smart Puffs, Soy Crisps
- Kashi TLC Crackers: Any Flavor
- Wheat Thins and Triscuits by Nabisco
- Rold Gold or Shaw's Brand Pretzels (no flavor)
- Cheeze Its by Sunshine
- Tortilla Chips by Guiltless Gourmet, Green Mountain Gringo, Tostitos, Kettle Chips and salsa
- Calbee Snapea Crisps
- SunButter (IM Healthy brand recommended)
- Goldfish Crackers (plain, cheddar cheese and whole wheat)
- Saltines
- Sunchips
- Honey Maid Graham Crackers and Graham Snacks
- Lender's mini bagels and cream cheese
- Yogurt in individual cups
- String cheese (most brands are acceptable)

Recommended Birthday Treats

- Oreo cookies
- Breyer's Plain Vanilla Ice Cream
- Cake Mate Sprinkles
- Betty Crocker Plain Vanilla Frosting w/graham crackers

This list is not complete and is subject to change. If you find a food items that is not on the list, please see Mindi so the item can be reviewed and approved.